


Juices, Tea & Coffee



Carrot Juice	\$ 3.99	/ 16oz
Carrot & Celery Juice ...	\$ 3.99	/ 16oz
Apple Juice	\$ 3.99	/ 16oz
Orange Juice	\$ 3.99	/ 16oz
Wheat Grass	\$ 3.99	/ 2 oz
Iced Tea	\$ 1.99	
Black, Green or Herb		
Fair Trade Coffee	\$ 1.99	
Hot Tea	\$ 1.99	

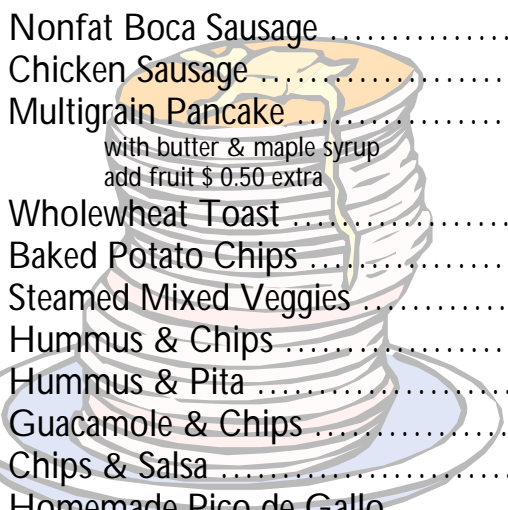
Smoothies

All made with Organic Apple Juice, Honey & Ice



Super Body Power	\$ 4.99
Strawberries, Banana, Protein Powder & Lecithin	
Rainbow	\$ 4.99
Strawberries, Banana, Blueberries & Pineapple	
Strawberry Sunrise	\$ 3.99
Strawberries & Banana	
Blues Skies Smiling	\$ 3.99
Blueberries & Banana	
Berry Blast	\$ 3.99
Strawberry & Blueberry	
Muscle Mania	\$ 4.89
Banana, Peanut Butter & Protein Powder	


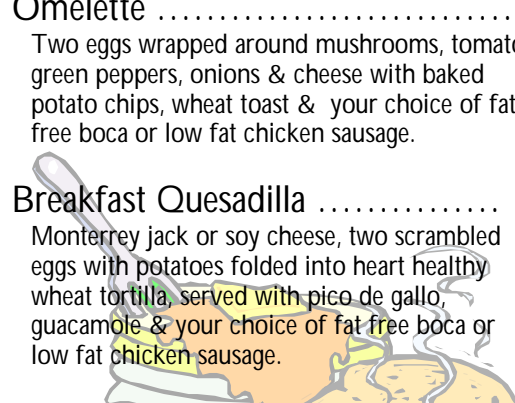
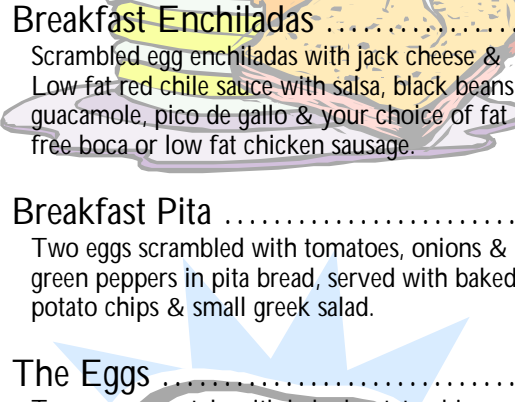
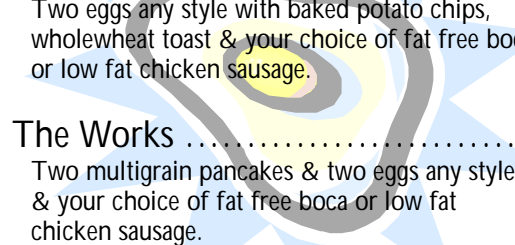
Sides



Nonfat Boca Sausage	\$ 2.89
Chicken Sausage	\$ 2.89
Multigrain Pancake	\$ 2.99
with butter & maple syrup add fruit \$ 0.50 extra	
Wholewheat Toast	\$ 0.89
Baked Potato Chips	\$ 2.29
Steamed Mixed Veggies	\$ 4.79
Hummus & Chips	\$ 3.99
Hummus & Pita	\$ 4.59
Guacamole & Chips	\$ 4.99
Chips & Salsa	\$ 2.99
Homemade Pico de Gallo	\$ 1.29

Breakfast

Daily 9:30 am – 11:00 am
Saturday 9:30 am – 3:00 pm

Migas	\$ 7.49
Two eggs scrambled with corn tortillas, onions, & green peppers. Served with black beans, pico de gallo, guacamole & your choice of fat free boca or low fat chicken sausage.	
Huevos Rancheros	\$ 7.49
Two eggs over easy served on corn tortilla with chipotle sauce, refried beans, pico de gallo, guacamole & your choice of fat free boca or low fat chicken sausage.	
Omelette	\$ 7.49
Two eggs wrapped around mushrooms, tomato green peppers, onions & cheese with baked potato chips, wheat toast & your choice of fat free boca or low fat chicken sausage.	
Breakfast Quesadilla	\$ 7.99
Monterrey jack or soy cheese, two scrambled eggs with potatoes folded into heart healthy wheat tortilla, served with pico de gallo, guacamole & your choice of fat free boca or low fat chicken sausage.	
Breakfast Enchiladas	\$ 7.99
Scrambled egg enchiladas with jack cheese & Low fat red chile sauce with salsa, black beans, guacamole, pico de gallo & your choice of fat free boca or low fat chicken sausage.	
Breakfast Pita	\$ 5.79
Two eggs scrambled with tomatoes, onions & green peppers in pita bread, served with baked potato chips & small greek salad.	
The Eggs	\$ 6.59
Two eggs any style with baked potato chips, wholewheat toast & your choice of fat free boca or low fat chicken sausage.	
The Works	\$ 7.99
Two multigrain pancakes & two eggs any style & your choice of fat free boca or low fat chicken sausage.	